

# DARE TO

Celebs have been doing it for years. Now our bikini lines waxed barer than ever. The Hollywood? How far will you go to be hair

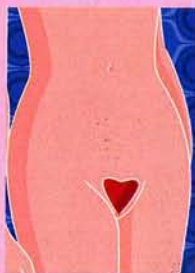


## The Brazilian

This method of waxing originated in Brazil where beach thongs abound. It leaves a tiny rectangle of hair or a 'landing strip'.

'It's the ultimate in grooming, and partners love it,' says beauty therapist Arezoo Kaviani, whose clients include Claudia Schiffer.

Prices from £65 (020 7584 6868; [www.arezoo.co.uk](http://www.arezoo.co.uk)).



## Bling it on

The Bollywood is a bikini wax with a difference. At celeb favourite Janet Ginnings Hair & Beauty Salon in Mayfair, the nether region is waxed bare to leave space for your very own diamanté motif. Fans include former *Blue Peter* presenter Katy Hill.

Prices from £45 (020 7499 1904; [www.janetginnings.co.uk](http://www.janetginnings.co.uk)).

## Where to go

The best way to find a good waxer is by word of mouth. Expect to pay at least £45 for a good Brazilian wax. For salons nationwide visit [www.saks.co.uk](http://www.saks.co.uk) or [www.re-aqua.co.uk](http://www.re-aqua.co.uk).

## After care

- Try a product such as Tend Skin (1), £15.99 (01628 477411; [www.cherryplus.co.uk](http://www.cherryplus.co.uk)), to prevent in-growing hairs from sprouting later.
- Bliss Ingrown Hair Eliminating Peeling Pads (2), £25 (0808 100 4151) are soaked in a soothing solution to stop irritating bumps on the bikini line.
- A pair of pointed tweezers are

handy to grab any stray hairs your waxer may have missed.

- Don't swim or sunbathe for 24 hours and avoid hot baths or showers for 12 hours.
- If you get dark regrowth between waxing, try lightening the hair with a bleach such as Jolen Creme Bleach, £4.40 for 30ml ([www.boots.com](http://www.boots.com)).
- Exfoliate 48 hours after waxing in the shower using a mitt or glove to help prevent ingrown hairs.

## At home

For your bikini line (but not a full Brazilian) Wax Away Mini Wax Strips (3), £3.35, for 20, are quick. Moom Hair Remover (4),

# BARE

more of us are getting  
Sicilian... Brazilian...  
-free?

## The Hollywood

This is an everything-off wax leaving you totally bare. Sherrille Riley, of top London salon Daniel Hersheson, says: 'A lot of women have the Hollywood to accommodate skimpy bikinis. Some have it for a honeymoon surprise.'

Prices from £52 (020 7434 1747; www.danielhersheson.com).

## The Sicilian

Can't face that much waxing torture? Try a Sicilian instead.

'This is very popular at the moment,' says Sherrille Riley of Daniel Hersheson. 'It's less severe and leaves a neat triangle that looks more feminine.'

Prices from £40 (020 7434 1747; www.danielhersheson.com).

## Before you go

- Don't book in just before or after your period – you'll feel more pain.
- Wait 24 hours after applying self-tan – the wax will remove the colour.
- Trim your pubic hair first, leaving just enough for the wax to hold on to. This prevents the tearing motion and will make it less painful.
- 'To take the edge off the pain, breathe in as the wax is applied and out as the therapist whips it away,' says Sara Louise Shaffer at Michaeljohn. 'And take a painkiller an hour before your waxing.'

## What to expect

- You will be asked to strip down to nothing and spread your legs into all kinds of awkward positions. Don't be embarrassed – an experienced bikini waxer has seen it all before.
- If you feel uncomfortable without your knickers on, wear a thong. The therapist will work around it, asking you to hold it in place.
- The pain is short and sharp and only lasts a few seconds.
- Once finished the therapist will leave the room to allow you to get dressed in private.
- Do give it a go. If you are a wax virgin start with a Sicilian before graduating to a Brazilian.



**'It changed my life'**

Gwyneth Paltrow on her first Brazilian wax

## Commando style

Caught on camera without any underwear these celebs redefine overexposed



Anna Friel (left) and Lindsay Lohan (above) leave nothing to the imagination

Britney can't hide her dignity as she stops at a garage to buy snacks on the way home after a night out

£14.99 (020 8393 3581; www.moom-uk.com) is a sugar-based warm wax that needs practice but is gentle and less sticky.

Johansson admits: 'I had a Brazilian wax once and I was a nervous wreck.'

Invest in a bikini-line trimmer instead, such as Remington Confidence Cordless Bikini Trimmer (5), £19.99, for a perfectly trim Sicilian.

Fancy a laugh? Try the Femme Fatale Bikini Trimmer, £19.99, which comes with five stencil designs to create your very own motif.

## Can't face it?

Being stripped bare below is not for everyone. Actress Scarlett

